



MINUTES OF THE BOARD OF SUPERVISORS
COUNTY OF LOS ANGELES, STATE OF CALIFORNIA

Sachi A. Hamai, Executive Officer-
Clerk of the Board of Supervisors
383 Kenneth Hahn Hall of Administration
Los Angeles, California 90012

At its meeting held September 9, 2008, the Board took the following action:

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The following statement was entered into the record for Supervisor Burke:

“The use of illegal and prescription drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America's children and 13 years of surveys conducted by The National Center on Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke, drink and use illegal drugs.

“Frequent family dining is associated with lower rates of teen smoking, drinking, illegal drug use and prescription drug abuse and the correlation between frequent family dinners and reduced risk for teen substance abuse is well documented.

“Parents who are engaged in their children’s lives – through such activities as frequent family dinners – are less likely to have children who abuse substances and family dinners have long constituted a substantial pillar of family life in America.”

Therefore, on motion of Supervisor Burke, seconded by Supervisor Molina, unanimously carried, the Board proclaimed September 22, 2008 as “Family Day - A Day to Eat Dinner with Your Children,” throughout Los Angeles County; and urged all citizens to recognize and participate in its observance.

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Copies distributed:

Each Supervisor

Chief Executive Officer

County Counsel

Director of Programs, The National Center

on Addiction and Substance Abuse (Via E-Mail)